

# SWASH RACE

## SAILING INSTRUCTIONS

10 June 2018

Start at any time between 09:30 – 13:45

Start Line Beach Hut to FM

Start Direction: East to West

<u>Course</u>	Hengistbury Head	HH	(S)
	Poole Bar Buoy	PB/No1	(S)
	South Hook Sands	SHS	(P)
	East Hook Sands	EH	(S)
	Poole Head	PH	(S)
	East Hook Sands	EH	(P)
	South Hook Sands	SHS	(P)
	Ledge Buoy	LB	(P)
	ODM	ODM	(P)
	Finish Line	FM	(P)

5. Record your start and finish times in hours/minutes/seconds BST.
6. Use the same time source, ideally GPS derived.
7. The start time is on the first crossing of the start line.
8. The time limit is 19:00 hrs BST. Finish times after 20:30 hrs BST will become DNF.
9. Times are to be entered on the timesheet by 10:00 on 11 June 2018.
10. By entering a time you certify that you completed the course.
11. Where Mark coordinates are provided, they are advisory and should be checked.
12. Protests must be submitted in accordance with CSC SIs by 10:00 hrs on 11 June 2018

### Mark Positions

PB - Poole Bar No 1	50° 39.320'N, 1° 55.160'W
SHS - South Hook Cardinal	50° 39.700'N, 1° 55.200'W
EH - East Hook	50° 40.580'N, 1° 55.230'W
PH - Poole Head	50° 41.470'N, 1° 55.390'W
LB - Ledge Buoy	see CSC mark positions
ODM	see CSC mark positions
FM	see CSC mark positions

Lat/Long Positions are approximate and should be confirmed